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WHAT'S HE WORTH?

Joe Flacco's next big win could come at the bargaining table **15**

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King Richard III's skeleton found under a British parking lot **9**

CAPTOR KILLED

Alabama hostage standoff ends with rescue of 5-year-old **3**

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If the Price Is Right...

Corporate names are already attached to stadiums, arenas and stages. Why not roads, ramps and bridges? **13**

GETTY IMAGES/EXPRESS ILLUSTRATION



eye openers

PROGRESS

Sales of Women’s Razors Plummet in Wake of News

French women can now legally wear pants in Paris. The Global Post reported Sunday that France’s minister of women’s rights, Najat Vallaud-Belkacem, on Thursday revoked a 200-year-old law — which was not widely enforced — that forbids pants in public. The law required women to ask police for special permission to “dress as men” in Paris, or risk being taken into custody. (EXPRESS)

BONUS

“Not only did I get to see how many people care for me, but I also woke up before they took me to the crematorium.”

— PENG XIUHUA, A 101-YEAR-OLD WOMAN IN CHINA WHO SHOCKED MOURNERS AT HER FUNERAL WHEN SHE SAT UP AND SPOKE — JUST AS SHE WAS BEING PUT IN HER COFFIN, THE U.K. WEBSITE WEB ORANGE NEWS REPORTED SUNDAY

FINAL FRONTIER

We’re Running Out of Things Porn Stars Haven’t Done

An adult movie actress from Germany is training to be the first porn star in space, the Huffington Post reported Friday. Coco Brown, 32, is paying \$100,000 to be part of a private Dutch mission set to blast off in 2014. If she passes her training, Brown will journey with a crew 62 miles above Earth on a SXC rocket. (EXPRESS)

The Big Picture



IT REALLY DOES GIVE YOU WINGS: Cyrille Ouedjane of France dives Saturday from an 85-foot platform on the Hawkesbury River during the qualification competition for the 2013 Red Bull Cliff Diving World Series in Cattai, Sydney, Australia.




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Child Rescued in Ala. Standoff

Man who held boy hostage dead after officers storm bunker

Midland City, Ala.

Officers stormed an underground bunker in Alabama where a 5-year-old boy had been held hostage for nearly a week, rescuing the child and leaving the boy's abductor dead, officials said Monday.

Steve Richardson with the FBI's office in Mobile said at a news conference Monday afternoon that negotiations had deteriorated with 65-year-old Jimmy Lee Dykes. Dykes, who a week earlier had abducted the child from a school bus after fatally shooting the driver, had been seen with a gun, and officers believed the boy was in imminent danger, Richardson said.

Officers stormed the bunker just after 3 p.m. Central Standard Time



Law enforcement officers wait Monday near the property of Jimmy Lee Dykes in Midland City, Ala., prior to storming Dykes' bunker to rescue a 5-year-old boy.

to rescue the child, who was taken to a hospital in nearby Dothan. Officials have said the child has Asperger's syndrome.

It was not immediately clear how Dykes died.

Melissa Nighton, the city clerk in Midland City, said a woman had

been praying in the town center Monday afternoon. Not long after, the mayor called her with news that Dykes was dead and that the boy was safe.

"She must have had a direct line to God, because shortly after she left, they heard the news," Nighton said.

Neighbors described Dykes as a man who once beat a dog to death with a lead pipe, threatened to shoot children for setting foot on his property, and patrolled his yard at night with a flashlight and a firearm.



Dykes

Daryle Hendry, who lives about a quarter-mile from where Dykes' bunker was located, said he heard a boom Monday afternoon, followed by what sounded like a gunshot, all around the time officials said they stormed the bunker.

The bus driver who was killed, Charles Albert Poland Jr., was hailed as a hero. People who knew him said his actions prevented the nearly two dozen other children on the bus from being harmed.

KATE BRUMBACK AND TAMARA LUSH (AP)

In Brief



Officials investigate the scene Monday of a deadly bus crash in Yucaipa, Calif.

YUCAIPA, CALIF.

Records: Runaway Calif. Bus Had Past Violations

Government records Monday showed that a runaway tour bus involved in a crash in California that killed at least seven people recorded 22 safety violations over a year — including problems with brakes, the windshield and tires. (AP)

FORT WORTH, TEXAS

Files: Iraq War Vet Had Been in Mental Hospital

The Iraq War veteran charged with killing a former Navy SEAL sniper and his friend on a Texas shooting range had been taken to a mental hospital twice in the past four months, police records show. Eddy Ray Routh faces one count of capital murder and two counts of murder in the deaths of Chris Kyle and his friend Chad Littlefield. (AP)

NEW YORK

FBI Probes NYC Woman's Death in Istanbul

Rep. Michael Grimm, a former FBI agent, said Monday that the FBI is investigating the death of a New York City woman in Istanbul while on a solo vacation. Grimm said U.S. investigators were invited by Turkish authorities to assist as they try to find out what happened to Sarai Sierra, a 33-year-old mother of two who disappeared Jan. 21. Her body was found 12 days later. Police said she had suffered a fatal blow to the head. (AP)

Hearst

U.S. Unsure of Iran's Space Claim

Washington

The United States expressed doubt Monday about Iran's claim that it safely returned a monkey from space, saying it is questionable that the monkey survived — or if the flight happened at all.

State Department spokeswoman Victoria Nuland said a lot of questions remained "about whether the monkey that they reportedly sent up into space and reportedly came down was actually the same monkey, whether he survived.

"The Iranians said they sent a monkey, but the monkey that they showed later seemed to have different facial features," Nuland told reporters. "He was missing a

Meanwhile ...

Republican Sen. John McCain sent a tweet comparing Iranian President Mahmoud Ahmadinejad to a monkey. "Wasn't he just there last week?" McCain said in a tweet Monday and linked to a story about the space-orbiting monkey. Faced with criticism, McCain said in another tweet, "lighten up folks, can't everyone take a joke." But it wasn't funny to Michigan Rep. Justin Amash, a Republican, who tweeted, "Maybe you should wise up & not make racist jokes." (AP)

little wart."

Tehran blames the confusion on Iranian media for initially using a photo of a backup monkey. It says the monkey orbited and returned safely, and President Mahmoud Ahmadinejad added Monday that he would consider being Iran's first astronaut in space. Nuland described Ahmadinejad's procla-

mation as an "interesting choice."

Jonathan McDowell, a Harvard astronomer who tracks rocket launchings and space activity, backed up Iran's claim that monkey space flight was real.

Washington and its allies worry the program may be cover for ballistic missile technology development. BRADLEY KLAPPER (AP)



Pale-Ale Powered: The Alaskan Brewing Co. is going green, but instead of using solar or wind energy, it has turned to a more familiar source: beer. The Juneau beermaker recently bought a \$1.8 million furnace that burns the company's spent grain — the waste accumulated from the brewing process — into steam, which powers the majority of the brewery's operations. The grain serves as an in-house, renewable energy source while reducing costs. (AP)

"He should not have used that term. That term is going to be living now for a long time, and they're going to have his face on television using it."

— REAL ESTATE MUGUL DONALD TRUMP, RIPPING INTO LOUISIANA GOV. BOBBY JINDAL DURING A FOX NEWS INTERVIEW MONDAY OVER HIS RECENT SUGGESTION THAT REPUBLICANS NEEDED TO "STOP BEING THE STUPID PARTY" IF THEY HOPED TO REBOUND IN THE NEXT ELECTION CYCLE, THE HILL REPORTED



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Nation

Obama Talks Gun Reform in Minn.

Minneapolis

With his gun proposals dividing Congress, President Barack Obama conceded Monday the challenges he faces in winning support for measures ranging from criminal checks on gun buyers to an assault weapons ban. But, he declared: “We don’t have to agree on everything to agree it’s time to do something.”

On his first trip outside Washington to push his gun-control proposals, Obama argued a brief speech in Minneapolis that there’s bipartisan support for universal background checks and for gun trafficking laws. But, acknowledging the political challenges he faces, he would say only that the assault weapons ban deserves a vote in Congress.

“Changing the status quo is never easy,” Obama said. “This will be no exception. The only way we can reduce gun violence in this county is if the American people

Tough Opposition

The reinstatement of the assault weapons ban, which expired in 2004, is expected to be the steepest climb for President Barack Obama in his bid to reform gun control. Universal background checks for gun purchasers may have an easier time passing Congress, though the National Rifle Association also opposes that measure. The president unveiled his sweeping package of proposals for curbing gun violence last month after the mass shootings at a Newtown, Conn., elementary school. But many of the proposals face tough opposition from some in Congress and from the NRA. (AP)

decide it’s important, if you decide it’s important — parents and teachers, police officers and pastors, hunters and sportsmen, Americans of every background stand up and say, “This time, it’s got to be different.”

Before his remarks, Obama held a roundtable discussion at the Minneapolis Police Department Special Operations Center, speaking with law enforcement and community leaders. The White House picked Minneapolis as the backdrop for Obama’s remarks in part

because of recent steps the city has taken to tackle gun violence, including a push for stricter background checks.

After a spike in violent crimes, the city launched a program in 2008 aimed at providing more resources for at-risk youth and helping rehabilitate young people who have already perpetrated crimes. In January, Minneapolis also hosted a summit on gun violence for elected officials from around the Midwest. JULIE PACE (AP)



TRIBUTES

Honoring Rosa

The U.S. Postal Service issued a Rosa Parks stamp on what would have been the late civil rights icon’s 100th birthday. The Rosa Parks Forever Stamp went on sale Monday, and an oversized version was unveiled during the National Day of Courage celebration at the Henry Ford museum in Dearborn, Mich. (AP)

New Yorkers Pay Tribute to Former Mayor



NEW YORK CITY MAYOR Michael Bloomberg, left, and former New York City mayors Rudolph Giuliani, center, and David Dinkins pay their respects Monday in New York as the casket of former New York City Mayor Ed Koch leaves a synagogue after his funeral. Koch died Friday at age 88.

843.6 The miles per hour that Austrian supersonic skydiver Felix Baumgartner reached when he jumped from 24 miles up over New Mexico in October. According to the official numbers released Monday, “Fearless Felix” reached the equivalent to Mach 1.25, or 1.25 times the speed of sound. His top speed initially was estimated last October at 834 mph, or Mach 1.24. (AP)

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Nation

Kerry: 'I Have Big Heels to Fill'

Newest secretary
of state is first man
in post in 8 years

Washington

New Secretary of State John Kerry reported for duty Monday, acknowledging that as Hillary Rodham Clinton's successor, he has "big heels to fill," and promising to protect U.S. foreign service workers from terrorist attacks overseas.

On his first day at the office in his new job, the former senator and 2004 Democratic presidential candidate was greeted with loud cheers by employees of the State Department and the U.S. Agency for International Development.

As the first man in the post in eight years, Kerry referred to his two most recent predecessors, Clinton and Condoleezza Rice, by asking in jest: "Can a man actually run

Backstory

The son of a diplomat, John Kerry, 69, spent part of his childhood in Germany. As a 12-year-old in postwar Berlin, Kerry used his first diplomatic passport to ride his bike into the Soviet-controlled part of the city. "There was no joy in those streets," he recounted Monday. "And when I came back, I felt this remarkable sense of relief and a great lesson about the virtue of freedom and the virtue of the principles and ideals that we live by and that drive us." (AP)



the State Department?"

He answered himself: "I don't know. As the saying goes, I have big heels to fill."

Kerry told his new agency's employees that he and President Barack Obama needed their help to make America safer. And after noting the deaths of Ambassador Chris Stevens and three other Americans in the Sept. 11, 2012, terrorist attack in Benghazi, Libya, Kerry said the protection of American diplomats would be a top priority.

"I guarantee you that beginning this morning when I report for duty upstairs, everything I do will be focused on the security and safety of our people," he said.

Kerry is likely to spend much of the week reaching out to foreign leaders. Over the weekend, he spoke to Israeli Prime Minister Benjamin Netanyahu and Palestinian President Mahmoud Abbas, as well as the foreign ministers of Japan, South Korea, Turkey, Canada and Mexico. BRADLEY KLAPPER (AP)

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Riot Police Incidents Roil Egypt

Alleged abuses stir unease, frustration in post-Mubarak era

Cairo

The video outraged Egyptians, showing riot police strip and beat a middle-aged man and drag him across the pavement as they cracked down on protesters. The follow-up was even more startling: In his first comments afterward, the man insisted the police were just trying to help him.

Hamada Saber's initial account, given over the weekend as he lay in a police-run hospital, has raised accusations that police intimidated or bribed him in a clumsy attempt to cover up the incident, which was captured by Associated Press footage widely shown on Egyptian TV.

"He was terrified. He was scared to speak," Saber's son Ahmed said Monday. Saber recanted his story Sunday.

In a statement, the Interior Ministry voiced its "regret" about the



Disputed Account

Footage taken by the Associated Press on Friday in Cairo shows Hamada Saber, 48, writhing naked in the street. Riot police yank his pants around his ankles, kick him and lean over to hit him with batons. They drag him by the legs and bundle him into a police van. But in interviews with Egyptian television from a police hospital the next day, a smiling Saber said it was protesters who had attacked him. He said the riot police were only trying to help him, and he even blamed himself for any rough treatment, saying that in his confusion, he was resisting police. Then Sunday, Saber told investigators that it was indeed police who beat and stripped him. (AP)



KHALIL HAMRA PHOTOS/AP

assault and vowed to investigate.

The incident has fueled an outcry that security forces, notorious for corruption and abuse under Hosni Mubarak, have not changed since his ouster in February 2011. Activists now accuse his successor, Mohammed Morsi, of cultivating the same culture of abuse.

The outcry was further heightened Monday by the apparent torture-death of activist Mohammed el-Gindy, who colleagues said was taken by police from Tahrir Square on Jan. 27. The Interior Ministry denied Monday that el-Gindy was ever held by police.

At a funeral for el-Gindy, there was widespread skepticism that anyone would be held accountable for el-Gindy's death.

"So this blood will be wasted so easily?" one woman screamed. "It will be lost," a man responded. "Like others were before."

After his burial Monday in his hometown of Tanta in the Nile Delta, angry mourners marched on police headquarters and clashes erupted. MAGGIE MICHAEL (AP)

In Brief



A woman wields a fake gun in Caracas, Venezuela, to mark a failed coup.

CARACAS, VENEZUELA Chavez Supporters Mark Failed 1992 Coup

Army tanks and soldiers in fatigues joined government supporters Monday in the streets of Venezuela's capital in rallies commemorating the anniversary of a failed coup led by President Hugo Chavez in 1992. The ailing leader was absent for the first time from the annual event. He is in Cuba and has not been seen publicly since he underwent cancer surgery Dec. 11. (AP)

DUBLIN Ireland: 'Beef' Product Is 75 Percent Horsemeat

DNA testing found that Polish meat imported into Ireland and labeled as beef contain up to 75 percent horsemeat, Irish officials said Monday. Police joined the investigation after a second Irish meat processing plant was discovered to be using the product in beef burgers, Agriculture Minister Simon Coveney said. (AP)

TIMBUKTU, MALI French Forces Prepare For Security Handover

In a new phase of the Mali conflict, French airstrikes targeted the fuel depots and desert hideouts of Islamic extremists in northern Mali overnight Monday, as French forces planned to hand control of Timbuktu to the Malian army. The French plan to leave the city on Thursday, officials said. (AP)

Hearsay



"Today, you can see that I am alive. I can speak, I can see you, I can see everyone."

—MALALA YOUSUFZAI, THE 15-YEAR-OLD PAKISTANI WHO WAS SHOT IN THE HEAD BY THE TALIBAN, IN HER FIRST STATEMENT AFTER THE ATTACK. IN THE VIDEO RELEASED MONDAY, SHE SAID SHE WOULD KEEP UP THE SAME EDUCATION CAMPAIGN THAT LED TO THE ATTACK.

Syria Signals Retaliation for Israeli Attack Unlikely

Beirut

Syria's defense minister signaled Monday that his country won't hit back at Israel over an airstrike inside Syria, claiming the Israeli raid was actually in retaliation for his regime's offensive against rebels he called "tools" of the Jewish state.

Defense Minister Gen. Fahd Jassem al-Freij's remarks in a televised interview suggest the regime's military options might be severely constrained after 22 months of fighting an uprising that has depleted its weapons and stretched troops

Meanwhile ...

The leader of Syria's main opposition group urged President Bashar Assad on Monday to respond to his offer for a dialogue. Mouaz al-Khatib of the Western-backed Syrian National Coalition said he is extending his hand to the regime to "facilitate its peaceful departure." Al-Khatib's offer, first made last week, marks a departure from the mainstream opposition's narrative insisting that Assad step down before any talks. It has angered some of his fellow opposition fighters. (AP)

thin. Israel has all but confirmed it was behind Wednesday's airstrike — a humiliating raid just a few miles away from the Syrian capital, Damascus, that added another layer of complication to a chaotic civil war.

U.S. officials said the Israelis struck a military research center and a convoy carrying anti-aircraft weapons destined for Hezbollah militants in Lebanon.

Syria vowed to retaliate, but the threats made by President Bashar Assad were seen by many as exceedingly mild, drawing mockery from opposition leaders. (AP)



Cent Away: Canada on Monday began phasing out its penny, whose production costs now exceed its monetary value. The Royal Canadian Mint officially ended its distribution of the coin to financial institutions. While people may still use pennies, the government is urging stores to round prices to the nearest nickel for cash transactions. New Zealand, Australia, the Netherlands, Norway, Finland, Sweden and others have also dropped the penny. (AP)

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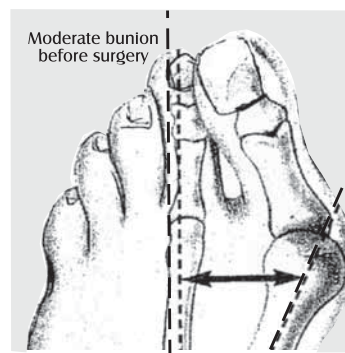
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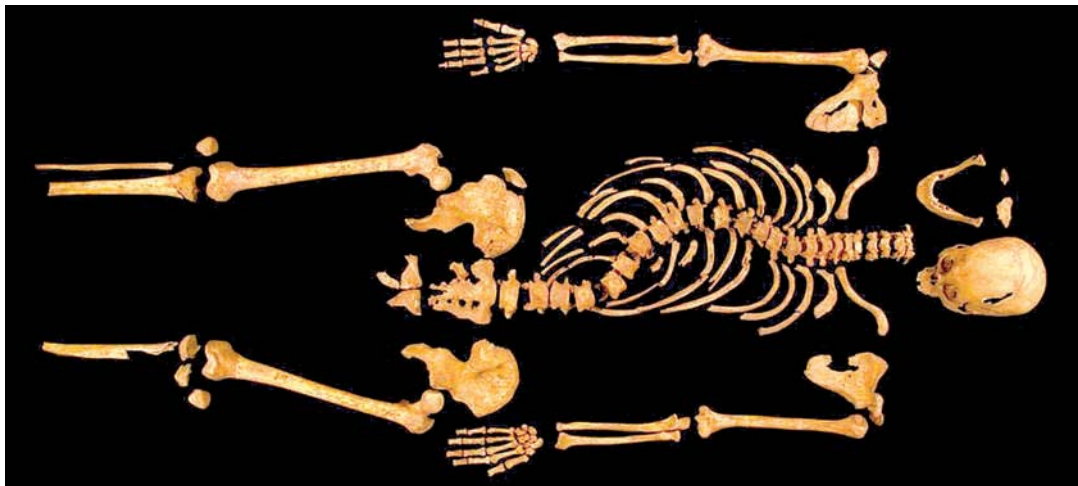
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World



UNIVERSITY OF LEICESTER/AP

Reviled King Unearthed in U.K.

Officials: Skeleton found 528 years after Richard III's death

Leicester, England

He wore the English crown, but he ended up defeated and reviled.

Now things are looking up for King Richard III. Scientists announced Monday that they found his 528-year-old remains under a parking lot in Leicester, England, which his fans say will help restore the reputation of a much-maligned king.

Researchers said that tests on a battle-scarred skeleton found last year prove "beyond reasonable doubt" that it is Richard, who died in 1485 and whose remains have

Backstory

King Richard III ruled England between 1483 and 1485. He oversaw liberal reforms, including introduction of the right to bail. But his rule was challenged, and he was defeated and killed at age 32 by the army of Henry Tudor, who took the throne as King Henry VII. He was buried unceremoniously, without coffin — plausible for a defeated enemy. (AP)

been missing for centuries. DNA from the skeleton matched a sample taken from a distant living relative of Richard's sister.

Richard ruled during the decades-long Wars of the Roses, a tussle over the throne.

Death was just the start of the

king's problems. Historians writing under the victorious Tudors trashed his reputation, accusing him of myriad crimes.

William Shakespeare indelibly depicted Richard as a hunch-backed usurper who left a trail of bodies on his way to the throne before dying in battle, shouting, "My kingdom for a horse."

But others argue that the image is unfair.

Philippa Langley of the Richard III Society, who helped launch the search for the king, said she could scarcely believe her quest had paid off.

"Everyone thought that I was mad," she said. "It's not the easiest pitch in the world, to look for a king under a council car park."

JILL LAWLESS (AP)

Site of Bin Laden Raid to Be a Park

Peshawar, Pakistan

Pakistan plans to build a recreation complex in the town where al-Qaeda founder Osama bin Laden was killed by U.S. commandos in 2011, Pakistani officials said Monday.

Syed Aqil Shah, sports and tourism minister in Khyber Pakhtunkhwa province, said Monday the project in Abbottabad will have a zoo, paragliding club and water sports facilities. It will also have a cultural heritage park.

Shah said the development is not

intended to counter Abbottabad's

5

The years it will take to enact a \$50 million plan to turn the site where Osama bin Laden was killed into a park.

negative reputation following bin Laden's discovery there. He said it's part of a revival of recreational and cultural activities in the province. But Javed Iqbal Abbasi, a lawmaker from the area, hoped the project will improve Abbottabad's image. Construction will begin in a few weeks. (AP)

Hearsay

"We are ready to start talks with you. ... You tell us what team you would like to talk to, and let's set an agenda."

— **REHMAN MALIK**, PAKISTAN'S INTERIOR MINISTER, ON MONDAY SAYING THE GOVERNMENT WAS READY TO HOLD TALKS WITH TALIBAN MILITANTS. TOP PAKISTANI TALIBAN LEADERS HAVE ALSO INDICATED THEY ARE READY FOR TALKS.

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What's the Emergency Plan?

Q Why does Metro not have a standard protocol to follow when it has an emergency situation? The protocol should include appropriate alternative transportation that can be organized at a moment's notice as well as communication feeds that are accurate and consistent to keep the passengers informed. It cannot be that difficult to put together.

Dealing with a train disruption at rush hour is a huge problem for Metro — and, therefore, for the train riders.

Metro doesn't know where the emergency is going to occur. It has

to assess the problem and its impact, get its own people to the scene to help and organize the shuttle bus service. The bus drivers, who aren't necessarily familiar with the streets in the area where the disruption occurred, have to travel through rush-hour traffic to get there.

But on the other hand, they know that. Metro officials have dealt with such disruptions for many years. And as far as I can tell, the emergency plans have not become any more effective over time.

I'm especially dismayed about the communication with riders at the nearby stations and along the lines.

Dr. Gridlock offers commuter counseling online at washingtonpost.com.

Q When do you think we will ever see any real accountability from Metro? Every time there is an incident, the glaring lack of communication (with customers and within the organization) is noted. Every time, Metro "apologizes," but nothing ever improves or changes. When are heads going to roll?

The current generation of Metro leaders has limited responsibility for how the system was designed, or the fact that maintenance was often postponed, or what tunnels get dug 20 years from now. But this generation clearly should be held accountable for the goals it has set for itself: safety and service.

By their own standard and goals,

they blew it last Wednesday [when about 2,000 Green Line customers were stranded for hours], just as they did last summer when another Green Line train was stranded at College Park.

You talked about apologies. Metro's top officials rarely apologize. Yet last Thursday, Metro GM Richard Sarles did issue an apology for what happened on the Green Line. It was the right thing to do, but it was a sign of how much of a setback Wednesday was by Metro's own standards.

Q What qualifies as an emergency in Metro's parlance that would allow you to use the plainly printed emergency evacuation instructions on the Metro? If I had been stuck on either of those trains without power, I would have self-evacuated after 30 minutes.

It's really hard for me to put myself in the place of a person stuck aboard a darkened, crowded train in a dark tunnel for several hours with little or no information about what's supposed to happen next.

I once took Metro's track safety course, and I've been in a tunnel during single-tracking, when a switch was being replaced.

I don't care how many people are around you, you really feel alone. I don't care how many people tell you the third rail is shut down, you'll feel nervous being anywhere near it.

So I do think I'd wait a very long time before I'd climb out of a rail car and start walking along a dark tunnel, not knowing what the status of the third rail is or what might be up ahead.

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In Brief

WASHINGTON

Mendelson Wants More Nurses in D.C. Hospitals



Mendelson The union representing nurses at six District hospitals says inadequate nurse staffing is putting patients at risk, and it is calling for legislation to establish minimum nurse-to-patient ratios. D.C. Council Chairman Phil Mendelson plans to introduce such a bill Tuesday, he announced at a news conference Monday, where nearly 200 nurses wearing red scrubs packed a room in the John A. Wilson Building as union leaders and local politicians led them in chants of "patients over profit." (TWP)

ARLINGTON

Pentagon Metro Station Escalator Project Begins

Metro started a replacement project for three escalators at the Pentagon station on the Yellow and Blue lines Monday. Three of the six escalators, which were installed 18 years ago at the station, will be removed during the renovation. Customers will still be able to enter and exit the station using three escalators on the north side. (AP)

The Lotteries

Monday, Feb. 4

District

Mid-day Lucky Numbers 1-9-4
Evening Lucky Numbers (Sun.) 3-6-9
Mid-day DC 4 6-0-0-7
Evening DC 4 (Sun.) 5-3-7-2
Mid-day D.C. Five 2-0-3-2-2
Evening D.C. Five (Sun.) 1-8-4-5-2

Maryland

Mid-day Pick 3 8-1-7
Evening Pick 3 (Sun.) 2-8-4
Mid-day Pick 4 8-5-0-7
Evening Pick 4 (Sun.) 4-0-7-4
Match 5 (Sun.) 6-7-13-17-27 (26)

Virginia

Mid-day Pick 3 8-2-8
Evening Pick 3 (Sun.) 1-1-4
Mid-day Pick 4 3-2-0-3
Evening Pick 4 (Sun.) 7-9-7-4
Mid-day Cash 5 (Sun.) 3-20-23-26-31
Evening Cash 5 (Sun.) 7-10-28-29-32

All winning numbers are official only when validated at a claims location. Drawings that occur after Express' deadline will be published two days later.

Gray to Address Deferred Needs

Officials say mayor considers affordable housing top priority

Washington

The District government, like most state and local governments, has spent the past four years in some degree of fiscal austerity — an environment of program cuts, tax hikes, employee furloughs and hiring freezes.

Now, boom times are undeniably back, and Mayor Vincent Gray is set to use his third State of the District address Tuesday night to set out how he plans to use what

could be an extraordinary surfeit of tax revenue to address a long list of deferred priorities.

"The city is doing exceedingly well," said Gray's spokesman, Pedro Ribeiro. "Now it's time to make investments we need to make."

At the top of Gray's list, according to officials familiar with his plans for the address, is affordable housing.

The rapidly rising cost of living in the District was by far the most pressing issue identified by participants in a "citizen summit" held by the Gray administration last year.

Gray then appointed a task force to make recommendations



D.C. Mayor Vincent Gray, right, speaks on the city's budget surplus Jan. 29.

on affordable housing policy, but budget pressures have otherwise sharply limited his efforts in that area.

The District's economy, by most standards, has been humming for a year or more, with unemployment dipping, tax collections increasing and its population growing.

But the effect on the city government's bottom line has been limited: Chief Financial Officer Natwar Gandhi has held off on certifying major revenue upgrades, citing the prospect of draconian federal spending cuts that could have an outsized effect on city tax revenues.

Last week, Gray and Gandhi jointly announced a \$417 million prior-year budget surplus — a sum Gray has committed to keeping in reserves.

MIKE DEBONIS (THE WASHINGTON POST)

Golden Triangle Lacks New Retail

Washington

The Golden Triangle — the downtown D.C. neighborhood wedged roughly among Farragut Square, Washington Circle and Dupont Circle — is having to work harder for attention, and tenants, these days.

Upcoming multi-use developments such as CityCenterDC, also in downtown, and the Yards, in Southeast, have ratcheted up competition for higher-end retailers.

That can increase the scrutiny on high-profile vacancies along Connecticut Avenue NW, at the former sites of clothing stores Filene's Basement and Talbots — the latter of which has been empty for a year and half.

"It's been a long time — we're anxiously awaiting a new tenant," said Steve Solomon, managing director of leasing for Blake Real Estate, the brokerage firm for the former Talbots site at 1122 Connecticut Ave. NW. "The challenge has been finding a good-quality,



The former Talbots site is now a vacant property on Connecticut Avenue downtown.

financially-stable tenant."

Recent news that Nordstrom Rack, which sells discounted designer clothing and accessories, would be taking over the former Borders site at 1800 L St. NW, has reenergized the discussion about the neighborhood's future.

The trouble, though, is find-

ing retailers for larger spaces. "I think, in general, big-box stores aren't around anymore," said Leona Agouridis, the executive director of the business improvement district. "The space is too small for a department store, but too big for anything else, so it's tough."

ABHA BHATTARAI (THE WASHINGTON POST)

D.C.'s Douglass Statue Moves To U.S. Capitol

Washington

A statue of Frederick Douglass is now in the United States Capitol alongside statues of luminaries from the 50 states.

Delegate Eleanor Holmes Norton, who represents the district in Congress, hosted an event Monday evening to call attention to the statue's relocation.

Every state has two statues in the Capitol, but the District's statues of Douglass and architect Pierre L'Enfant were placed at One Judiciary Square, a city government building. Last year, Congress approved a resolution sponsored by Norton to move the Douglass statue.

A longtime D.C. resident, Douglass was a former slave who became an abolitionist leader. Norton has asked Senate leaders to dedicate the statue this month in celebration of Black History Month. (AP)

\$128K

The value of jewelry that was stolen by four masked men from the Zales Jewelers at the Fashion Centre on Monday morning. Arlington police say two of them shattered a display case with hammers. All four then grabbed jewelry. Police say the four ran out of the store, which was near a parking garage exit. (AP)

Cover Story

ELVERT BARNES VIA FLICKR/EXPRESS ILLUSTRATION



Sign of the Times

Virginia may start selling road names to raise money. Will others follow suit?

Washington

Are you good with FedEx Field and Verizon Center? Did you watch the NCAA football championship at the Discover Orange Bowl at Sun Life Stadium? Or maybe you caught the Super Bowl at the Mercedes-Benz Superdome?

Then consider this:

If you sat in traffic on the Burger King Capital Beltway, would that make you hungry for a Whopper?

Would inching across the Gillette Fusion ProGlide 14th Street Bridge cause you to brush your hand across your cheek to check your morning shave?

Neither of those companies have been asked to sponsor local roadways, but in an age when naming rights to almost everything are for sale, and

when the pinch on highway funding is painfully tight, don't rule out new names for old highways.

It may happen here. Last year, Virginia's legislature approved the practice, and the state has opened the way to exploration of corporate sponsors. Maryland has given it some thought. The District, its recent budget surplus notwithstanding, could use the money.

It used to be that if you aspired to have your name affixed to something paved, first you had to become at least mildly famous and then you had to die. Woodrow Wilson comes to mind. Now all it takes is a barrel of cash, so don't rule out catchy corporate labels getting tagged on some all-too-familiar asphalt.

Virginia has just asked marketing companies to bid on a contract

to develop a naming rights program that could attract corporate attention.

In Maryland, a GOP bill on selling highway naming rights died in committee last year.

In the District, where just about every inanimate object but the Capitol and the White House comes with some dead guy's name attached, every new money-making idea gets its day.

Interested in naming rights for the coming street cars? The D.C. Circulator buses? The popular Capital Bike-share program? That could happen,

Model State: Washington?

A bill in the Washington state legislature would give private companies the right to attach their names to state highways and bridges. They also could buy naming rights for viewpoints and rest stops. The money collected would be used to maintain the sponsored road, much as many states allow groups to sponsor stretches of road to pay for litter collection. Companies that sell cigarettes or adult entertainment couldn't be sponsors. The proposal came about because Washington state legislators want to hold down a toll increase on the Tacoma Narrows Bridge. That led Rep. Jake Fey, D-Tacoma, at a hearing last month, to worry that it might become the "Chuck E. Cheese Bridge." (TWP)



said District Department of Transportation spokesman John Lisle.

A bridge? An overpass? Perhaps you'd like to rebrand a boulevard named for a state?

It's a long shot, but with cash in short supply there may be room to negotiate. Only Auburn fans would object to "Roll Tide" Alabama Avenue. How about "I Love" New York Avenue?

Not so likely, says Terry Bellamy, who heads the District's Department of Transportation.

"He pointed out all our bridges — or most of them anyway — already have names," Lisle said. "We do have some ramps, however — depends how desperate you are, I guess." ASHLEY HALSEY III (THE WASHINGTON POST)

Dubious Distinction

Washington is still at the top of the heap as the most congested metropolitan area in America, a place where the average driver burns 67 hours annually in traffic. And it's going to get worse. The annual report by the Texas A&M Transportation Institute projects that unless something is done about traffic, the economic recovery will put more wheels on the road and create more congestion. The other most congested metro areas were the usual contenders: Los Angeles, San Francisco, New York and Boston. (TWP)

Name Games

In 2011, Metro briefly considered selling the naming rights to rail stations in a proposal to help close a budget shortfall. It shelved the pitch after a few months, but Twitter users have since suggested some sponsorships that seem like natural fits:

Sweet Greenbelt

— @THECASHKID

iMac-Pherson Square

— @AGGATHUG

Mountain Dew-pont Circle

— @RKELLETT

Long John Silver Spring? Frosted Mini-Wheaton?

— @DANEBUTTON

Stadium-Under Armoury?

— @DANEBUTTON

Gallery Playstation Chinatown

— @KLEWIS_NYC

Vienna Sausage

— @DANIELAHN31

Sam Adams Morgan

— @MELHOLLER

Benning and Jerry Road

— @_MISSKATEM

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The Washington Post

If you don't get it, you don't get it.



TIMOTHY A. CLARY/AP/GETTY IMAGES

Ravens quarterback Joe Flacco was named Super Bowl MVP after throwing for 287 yards and three touchdowns Sunday.

Time to Cash In

Ravens QB Flacco fulfilling obligations as Super Bowl MVP

NFL

Working on 90 minutes of sleep, Joe Flacco wore a day-old beard and a weary smile that wouldn't go away.

Super Bowl tradition deems that the game's MVP appear at a ceremony the following morning to shake hands with the commissioner of the NFL, accept the shiny trophy, pose for pictures and receive

the keys to a new car. And so, after celebrating the Baltimore Ravens' 34-31 victory over the San Francisco 49ers into the early hours of Monday morning, Flacco dutifully fulfilled his obligation.

The quarterback's immediate reward for throwing three touchdown passes Sunday night was a 2014 Corvette. In the months ahead, Flacco is almost assured of receiving a lucrative, long-term contract befitting his incredible performance during Baltimore's run to the NFL championship.

In the playoffs, Flacco had 11

touchdown passes and no interceptions, a feat NFL Commissioner Roger Goodell called "extraordinary."

"I'm pretty optimistic, but who knows?"

— JOE FLACCO, ON FUTURE CONTRACT NEGOTIATIONS WITH THE RAVENS.

"He was unflappable and brought his team to a Super Bowl level," Goodell said. "His play represented that all the way through."

Less than 12 hours after hoist-

Show Me the Money

Super Bowl MVP Joe Flacco's rookie contract has expired, so now the Ravens must pay up to re-sign the 28-year-old. Here's what some quarterbacks signed for during last offseason:

- **Peyton Manning:** The Broncos signed the 36-year-old to a five-year, \$96 million contract in March.
- **Drew Brees:** The All-Pro agreed to a five-year, \$100 million deal in July to stay with the Saints.
- **Matt Flynn:** The Seahawks signed the former Packers backup to a three-year, \$26 million deal (\$10 million guaranteed), and he didn't even start a game in 2012. (EXPRESS)

ing the Lombardi Trophy over his head amid a shower of purple confetti, Flacco still couldn't come to grips with what he and the Ravens had accomplished.

After throwing for three scores in the first half to stake the Ravens to a 21-6 lead, Flacco directed two scoring drives in the fourth quarter to help fend off a 49ers comeback. He was 22 for 33 for 287 yards.

"I'm pretty tired right now, and it hasn't sunken in," he said. "It's just a surreal moment."

With a parade scheduled for the team on Tuesday, Flacco planned to visit Disney World in Florida on Monday afternoon before heading home.

"I anticipate not getting very much sleep, but it's for all good reasons, man," he said. "Unbelievable game. It was just awesome to be a part of it."

Flacco almost assuredly has a big payday upcoming as well. His rookie contract has expired, and soon he and owner Steve Bisciotti will sit down to determine just how much a Super Bowl title will be worth. He could wind up with one of the biggest deals in NFL history, perhaps commanding somewhere in the neighborhood of \$20 million a year. DAVID GINSBURG (AP)

Probe Finds Evidence of Match-Fixing

Soccer

Organized crime gangs have fixed or tried to fix hundreds of soccer matches around the world in recent years, including World Cup and European Championship qualifiers and two Champions League games, Europol announced Monday.

The European Union's police agency said an 18-month review found 380 suspicious matches in Europe and 300 questionable games outside the continent, mainly in Africa, Asia and South and Central America. It also found evidence that a Singapore-based crime syndicate was involved in some of the match-fixing.

Europol refused to name any suspected matches, players, officials or match-fixers, saying that would compromise ongoing national investigations, so it remained unclear how much of the information divulged Monday was new or had already been revealed in trials across the continent.

The 18-month review found 380 suspicious matches in Europe and 300 questionable games outside the continent.

Even so, the picture painted by Europol was the latest body blow for the credibility of sports in general, following cyclist Lance Armstrong's admission that he used performance-enhancing drugs in all seven of his Tour de France wins.

"This is a sad day for European football [soccer]," Europol Director Rob Wainwright told reporters. He said criminals were cashing in on soccer corruption "on a scale and in a way that threatens the very fabric of the game." MIKE CORDER (AP)



Not a Spectator Sport: There's only one way Robert Griffin III wants to go to the Super Bowl — as a player. The electrifying Washington Redskins quarterback was in New Orleans to pick up the offensive rookie of the year award, but he didn't go to Sunday's game between the Baltimore Ravens and the San Francisco 49ers. "I'm a firm believer you don't go to the Super Bowl unless you're playing in it," Griffin said. (AP)

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Sports



NICK WASSIAP

Caps star Alex Ovechkin has two power-play goals in nine games this season.

Lack of Shots, Rebounds Hurting Caps' Power Play

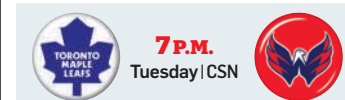
Capitals

As the Capitals (2-6-1) continue to struggle, so does their power play. In their past four games, Washington has converted only two of its 14 opportunities. The main culprit, several players say, is a lack of shots and subsequent rebounds; Washington had only 19 shots during those 14 chances.

"A lot of the time, we have one shot and then we're battling for pucks in the corner," forward Troy Brouwer said Monday. "We have to be better at recovering pucks after shots and loose pucks. We're usually one shot and then we're back doing a breakout in our zone."

The Capitals were able to convert on one power play during Sunday's 6-3 loss to the Penguins by creating a second-chance opportunity. But for most of the season, the Caps' power play has been stagnant and deliberate with long pauses between passes and little movement.

"We talked about it," center Mike Ribeiro said. "If I'm holding the puck for four or five seconds,



then it's not good. We need to move a little bit more, move the puck more, move your feet, make them take decisions that they don't want to take or make them think which way they should go. It's something we should get better at."

Creating momentum on the power play is also key, according to Ribeiro. After tying Sunday's game 2-2 in the second period and with momentum on their side, the Capitals were held without a shot during their first power play. Just over one minute after Zach Boychuk's boarding penalty expired, Pittsburgh held a 4-2 lead on two quick goals.

"As a power play, you need to realize that you're not gonna score every time, but you want to make sure to create chances, move the puck well and create momentum for your team to generate for the next shift coming out," Ribeiro said. ADAM VINGAN (FOR EXPRESS)



Goodell: Big Easy 'Terrific' Host

NFL Commissioner Roger Goodell says New Orleans was a "terrific" Super Bowl host and that the Superdome power outage that delayed the game for 34 minutes will have no effect on the city's future bids to host the league's championship. Goodell says, "The most important thing is to make sure people understand it was a fantastic week," and that it "will be remembered as one of the great Super Bowl weeks." (AP)

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Indiana Reclaims AP's Top Spot

College Hoops

Tom Crean's whirlwind week got even crazier on Monday.

Upon returning home from the Super Bowl, the Indiana coach found out he's leading America's No. 1 college basketball team. Again.

It was another crowning moment in a week full of big wins for the Crean clan. Indiana beat No. 13 Michigan State, archrival Purdue and No. 1 Michigan in a seven-day span, before Crean headed to New Orleans. There, he watched one brother-in-law beat his other brother-in-law for the Super Bowl title. Finally, he saw the Hoosiers reclaim the top spot in the Associated Press poll after seven weeks.

"Our guys appreciate winning. They appreciate the task that it is. And I think because our older guys have been through so many hard times, they appreciate it that much more," a weary-sounding Crean said during Monday's weekly Big Ten conference call.

It's the fifth-straight week there is a new No. 1 team. Duke start-



Coach Tom Crean led Indiana to a win over then-No. 1 Michigan on Saturday.

ed the streak and was followed by Louisville, Duke again, Michigan and now Indiana. The last time there were five No. 1s in as many weeks was the last five polls of 2008-09.

The Hoosiers moved up two

spots Monday after their win over the Wolverines and then-No. 2 Kansas' loss to Oklahoma State. They received 58 first-place votes from the 65-member national media panel, while Florida, which jumped two spots to second, got the other seven.

Hoyas Are Back

No. 20 Georgetown returns to the AP top 25 poll after winning four straight games and six of seven. Here are two main reasons the Hoyas have bounced back after an 0-2 start in Big East play:

- **More Porter:** In losses to Marquette and Pittsburgh, Otto Porter Jr. was 7-for-19 (36.8 percent) from the field. Since then, the forward is 43-for-78 (55.1 percent) and averaging 18.1 points a game.
- **Defensive-minded:** While the Hoyas have become more productive on offense, their defensive dominance hasn't wavered. Georgetown is 10th out of 345 Division-I teams in scoring defense, allowing 55.3 points a game. (EXPRESS)

DARRON CUMMINGS/AP

Michigan, which made its first appearance atop the top 25 in more than two decades last week, dropped two spots to No. 3 and was followed by Duke, Kansas, Gonzaga, Arizona, Miami, Syracuse and Ohio State. MICHAEL MAROT (AP)

In Brief

NFL

Super Bowl Falls Short Of TV Ratings Record

Sunday's Super Bowl in New Orleans fell short of setting a viewership record, but it stands as the third most-watched program in U.S. television history. The Nielsen Co. said an estimated 108.4 million people watched the Baltimore Ravens' 34-31 victory over the San Francisco 49ers. (AP)

TV Lineup

NBA (7:30 P.M., NBATV) The Lakers have won five of their past six games, but they are still four games under .500 as they head to Brooklyn in the middle of a seven-game road trip.

COLLEGE HOOPS (9 P.M., ESPN) No. 3 Michigan dropped from the top spot after losing to new-No.1 Indiana. The Wolverines look to bounce back against No. 10 Ohio State.

NHL (7:30 P.M., NBCSN) The Lightning (6-2-0) are off to a hot start and face the Flyers (3-6-0) — who are not.

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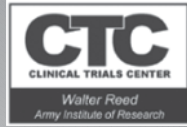
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Location: Clinical Trials Center
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Silver Spring, MD 20910

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Guinea Pig | A New Leaf

Lean Cuisine Salad Additions (75-cent coupon available at Leancuisine.com) follows a simple formula. Inside the box is a mix of frozen chicken and veggies you can nuke in the microwave, a crunchy topping and dressing. Add it all to a plate of lettuce, and you've got a meal that's under 300 calories. The problem is that all of those parts force you to turn your office breakroom into an assembly line — for what's essentially a frozen entree on lettuce.



Doonya co-founder Kajal Desai (in yellow) leads a class through high-energy moves.

ALEXANDER KOK AND DAWEN HUANG

pitched as exercise. "They say, 'I can go to the gym. I need to go to the gym.'"

There are other Indian dance workouts around, but Desai says Doonya stands out with its blend of four styles. Bolly-Pop's rib-cage isolations work the abs. Bhangra adds big moves that tax the

"You're using everything in your body."

— KAJAL DESAI, CO-FOUNDER OF DOONYA

legs and pump up the cardio. Classical dance, which can look a bit like barre, hits the thighs, butt and saddle bags. Add in some folkie stuff, with claps that keep the upper body activated, and devote a few minutes to push-ups or a weightlifting routine, and "you're using everything in your body," Desai says.

Can this form of dance aerobics with cultural flair follow in Zumba's footsteps as a fitness phenomenon? The programs have similarities — the zippy pace, the spunky soundtrack. It's just that while Zumba feels like clubbing, Doonya feels like starring in a Shahrukh Khan flick.

That vibe was exactly what Laura Bennett was looking for in 2007 when she signed up for her first Doonya class.

"It all started because I was watching Bollywood movies," the 42-year-old Vienna resident says. "There were always fantastic song and dance numbers, so I'd pause the TV and try to do them in my living room."

Getting instruction on how to look like the people on screen has improved her coordination over the years. She almost doesn't notice that there's a workout involved: "Then the next day, you realize how much your abs hurt."

What hurts more is saying goodbye to Desai, whose West Coast move means Washington is without either Doonya co-founder for the first time. But Desai is leaving experienced teachers in her place and promises not to forget about the local students who have been her guinea pigs, champions — and favorite dance partners. VICKY HALLETT (EXPRESS)

Doonya Body Good

Bollywood-inspired exercise classes from D.C. are poised to get the nation dancing

Before launching into an hour of kicks, hand flicks and hip bumps, Kajal Desai turned to the dozen students assembled in a Dupont Circle fitness studio and offered two pieces of advice: "Smile lots and have fun."

That's what she's been doing since 2005, when she met Priya Pandya. Desai was working for Booz Allen Hamilton in Washington, and Pandya, a Georgetown graduate, had stuck around the city for a position at the World Bank. Both were desperately looking for outlets for Indian dance.

When they found each other, they realized they could teach classes and start their own Bollywood-inspired troupe, which they named Doonya.

They quickly went from winging it — figuring out how to break down dance steps and recruiting students through Craigslist — to taking flight. In 2007, they quit their day jobs. In 2009, Pandya started teaching classes in New York. And in January, Desai and Pandya helped Kathie Lee Gifford and Hoda Kotb shake it on the final hour of a "Today" show while promoting the first Doonya workout DVDs.

It's part of the push to raise Doonya's profile outside of D.C. Desai is moving to Los Angeles to start classes there, and Doonya's ramping up training across the country to get more instructors certified.



WATCH IT NOW ENTERTAINMENT

The first Doonya DVDs (available for preorder at Doonya.com) will feature a full-length class — similar to the ones you can take at several D.C. area studios — as well as express workouts targeting specific body parts.

Although choreography classes are still part of the Doonya repertoire, Desai and Pandya are now focusing on the fitness market with a class format that keeps students moving through a series of songs regardless of whether they've mastered every step.

"So many people are afraid of dance. Their reaction is, 'I'm not a dancer. I can't dance,'" says Pandya, who gets a very different response when Doonya is

baggagecheck



BEN KLASSEN III

Gaining Control Over the Anger

Q I'm so angry all the time. I have a good life and many things to be thankful for. But I'm constantly annoyed and feel rage at things. Last weekend, I got into a shoving match with another woman at a bar. I was so ashamed of my actions I almost couldn't believe I'd done it. I know you'll say to seek therapy, but I want some idea of how bad off I am and what I'm getting myself into. **JUST MAD**

Trust me: What you're getting yourself into is much better than where you've already been. You're otherwise on a very scary path here, especially if drinking is involved. You don't say how long this has been going on, but my guess is that this is a combo of physiological and psychological factors — like depression or anxiety — and inadequate ways to cope.

It's OK and normal to be scared of therapy. Still, it's the best way out of a situation like this. It might take a few months; it might take a year. But you'll learn the automatic, unconscious thoughts that are causing your emotions to sour and your behavior to follow. And you'll develop much better, healthier ways of recognizing those triggers and coping with them.



By Dr. Andrea Bonior

Send your questions to Dr. Andrea Bonior at baggage@readexpress.com. Andrea is a local clinical psychologist and author of the book "The Friendship Fix" (friendshipfix.com).

Split Up, Not Broken Down

Q I'm a newly divorced woman at 28, with no children. I married too young to a man who wasn't ready to be a husband and probably never would be. I'm quite happy with my new direction in life. But everyone's treating me like I need to be fixed. My relatives are always pitying me, acting like this is a time of mourning for me. Honestly, the divorce was a long time coming and I am happier now. Why can't people get that? And how can I show them that without being rude? **HAPPILY DIVORCED, I PROMISE**

Smiles and a change of conversation go a long way. "I appreciate your concern. But you might be surprised to know I'm actually feeling better than I have in a long time. How about you?"

Saying this like a broken record will help highlight the fact that their worries are misplaced and

at the very least not keep that line of conversation going.

And let your actions speak for themselves — moving on with your life, showing people that you have new interests and new activities, will eventually help them stop seeing you as a "newly divorced woman."

Event Horizon

Totally Veg Out

If you want to meet up but don't want to meat up, participate in D.C.'s fourth annual Meat-Free Week. Events include vegan tacos Tuesday at Casa Oaxaca (2106 18th St. NW), a happy hour Thursday at Elizabeth's Gone Raw (1341 L St. NW) and a closing celebration next Monday at the Wonderland Ballroom (1101 Kenyon St. NW) featuring meatless meatball sandwiches. Get more details on all of the veggie happenings at Dcvegan.org.

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Don't Sweat V-Day

We've got healthy holiday plans for both singles and couples

If you want to turn on a current — or potential — mate for Valentine's Day, skip the skimpy underwear and other romantic clichés. Instead, sign up for one of these events designed to make you sweat. The resulting pheromones will smell more enticing than any fancy dinner.

Romantic Route

Just like love, Pacers' Love the Run You're With 5K (\$40, Pacersevents.com/lovetherun/index.html) has confusing rules. Runners declare a Facebook-esque relationship status that determines bib color: single (Stupid Cupid), in a relationship (Co-Dependent) or it's complicated (Love 'Em or Leave 'Em). Any two people who share a status can team up for the chance to win special prizes. And anyone who runs gets to take home a snuggly blanket souvenir. The dash starts at 9 a.m. Sunday at Pentagon Row.

Shall We Dance?

Buddy up for the debut of Valentine's Day Zumba at Jordin's Paradise (1215 Connecticut Ave. NW, Jordinsparadise.com). Tickets for Saturday's evening of Latin dance are \$22 for two, and, appropriately, are good for two hours of shaking, shimmying and stepping. Be there by 8:30 p.m. and wear red.

Don't get too sore because you'll want to recover by Feb. 15, when Joy of Motion (Joyofmotion.org) throws its annual Single Ladies Workshop (\$25-\$30, 7 p.m., 1333 H St. NE). It's your chance to channel Beyoncé — the Super Bowl halftime version, not the lip-sync inaugural one.

Mat Cute

Stuck in your ways? A partner yoga class can help you find a new way to approach your relationship. Dynamic duos — of any kind — are invited to Down Dog Yoga (12973 Highland Crossing Drive, Herndon, Va.; Downdoggyoga.com) at 1 p.m. Saturday for a two-hour workshop. It's \$35 per participant.

Past Tense (3253 Mount Pleasant St. NW, Pasttensestudio.com) is getting into the mood at 7:30 p.m. Valentine's Day with YogAmore, a singles-only class taught by dating coach Jeffrey Platts (\$15). And at 4 p.m. Feb. 16, there's a practice for people who have already found paramours, featuring massage techniques (\$30 per couple).

Happy Hour

Instead of going to the bar, try the Bar Method (750 9th St. NW, Dc.barmethod.com). Date night is at 8 p.m. this Friday (\$24 per person) at the ballet conditioning-inspired workout studio. Couples are invited to exercise side by side and then mingle over snacks and drinks. VICKY HALLETT (EXPRESS)



Instructor Mike Babbitt leads his students in a crab reach, one of many Animal Flow X moves that put pressure on the wrists.

The Jungle Gym

Animal Flow X uses beasts and critters as exercise inspirations

Ray Taylor, 48, is a beast at the gym. Literally. When he was at Equinox Tysons Corner last Wednesday night, he got down on all fours and then lifted his knees just off the ground to be in “beast,” a standard position in Animal Flow X.

The class, which debuted at Equinox in January, uses animal-inspired movements to increase strength, flexibility, mobility and coordination.

“I was lifting a ton of weights and wanted to be jacked,” says creator Mike Fitch, who’d been in the fitness business for a decade before he realized his goal was just making him hurt. After a journey that included gymnastics, parkour, circus arts and break dance, he came up with this wild way to work out.

Fitch admits he’s not the first person to crab walk or pop up in the air like a frog. But by integrating these kinds of movements with break-dance transitions and a dash of yoga, he developed the entirely new discipline of Animal Flow.

The first lesson for new practitioners is how to get wrist relief: With your fingers dangling down and your arms at chest height, push the backs of your hands together. That’s a necessary antidote to the stress you’ll be putting on your wrists when crawling around the floor.

“We’re trying to get people used to being on all fours,” instructor Mike Babbitt said at the class Wednesday night. Babbitt, who fittingly has a tiger tattooed along his right arm, eased the students into the routine by teaching them how to sink into a deep squat, walk their hands out into plank and return to standing.

Next up was beast, which isn’t easy to hold for more than a few seconds. It got even harder when Babbitt instructed the room to try lifting a hand, a foot and then both at the same time. For another challenge,

he had everyone transition into “loaded beast,” which requires sinking back. From there, the students sprang forward into lunges with one hand out, mimicking a claw.

Soon there were scorpions (a bit like a three-legged dog in yoga) and ape jumps (from a deep squat, place your hands on the ground to one side and push off while leaping your feet over to the other side). And along came balance exercises, core conditioners and cardio bursts.

It’s a workout that “sneaks up on you,” Taylor says. “Halfway through class, you think, ‘Oh my God.’” But it still puts a smile on his face to get to ape, well, apes.

VICKY HALLETT (EXPRESS)

• **Animal Flow X is at Equinox Tysons Corner (8065 Leesburg Pike) and Equinox Bethesda (4905 Elm St.). See Equinox.com for schedules.**

The Evolution

To be able to put the flow in Animal Flow, students need to know enough of the movements to follow along in a “Simon Says”-ish game. “The instructor becomes a DJ of movement,” creator Mike Fitch says. Animal Flow X has elements of that, but it’s really a conditioning class that’s a prequel to straight-up Animal Flow. Equinox expects to launch the advanced classes later this year. V.H.

The Future Is Riding on This

Cycle for Survival raises money for cancer research

The minimum requirements for participating in Cycle for Survival (Cycleforsurvival.org), the national fundraiser for Memorial Sloan-Kettering Cancer Center, are a half-hour on a stationary bike and \$125 in donations. Last year, Dana Goozh of Rockville, Md., did even better: nearly \$14,000 in donations and hours of cycling.

“If we’re there, let’s do it the whole time,” says Goozh, 41, who’s ready to ride again this Sunday, when the event returns to Equinox Bethesda. This year, she’s going for Cycle Extreme, a category for solo participants willing to commit to



Equinox Bethesda will have 200 bikes set up for Sunday’s Cycle for Survival.

four hours and raising \$4,000.

For Goozh, who rides in memory of her aunt, that’s an invitation rather than a challenge. She’s already raised more than twice that amount, and she’s not worried about pedaling all day: “With the high of being there, you can get through anything.” VICKY HALLETT (EXPRESS)

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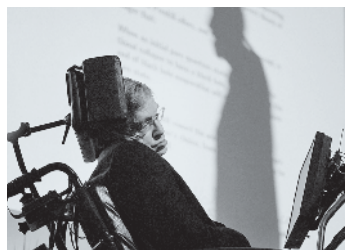
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lookout



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A Bieber crew member allegedly threatens a Best Buy shopper **35**

Sound Bets



Earthbound Stars

In 1977, NASA sent recordings into space on board the two Voyager probes. The compendium of sounds — rain, heartbeats and Chuck Berry among them — was meant to give aliens an aural snapshot of Earth. As the 55th annual Grammy Awards (Feb. 10, 8 p.m., CBS) approach, I



By Shauna Miller

wonder what the nominees would tell our distant friends/ would-be invaders.

The broad categories worry me the most here. I hope Frank Ocean's "Channel Orange" wins

Album of the Year so we can look like we have taste, but we could easily end up with fun's "Some Nights" telling the universe that the best musical work America had to offer in 2012 featured songs that could plug right into a smartphone commercial. And the idea that Carly Rae Jepsen could grab Song of the Year and have "Call Me Maybe" end up on a "Now That's What I Call Earth!" disc is just too much to bear.

I am psyched for the live performances, though: Rihanna, Justin Timberlake, Elton John. Less so for Maroon 5 (even with Alicia Keys).

Stephen Hawking has warned against making contact with extraterrestrials, lest they head our way in search of more Chuck Berry. Maybe Adam Levine can stave them off.

The Lumineers are the latest in a wave of roots-rock bands turning up on pop radio

Music

Even the members of the Lumineers are puzzled by the success of their song "Ho Hey" and their sudden rise to fame after years on the road. The song has long legs and is not only getting played alongside Nicki Minaj and Maroon 5 on the radio, it's been ruling Spotify and working its way into pop culture.

A few years ago, singer Wesley Schultz says, hearing the Lumineers' brand of all-acoustic folk rock on a Top 40 countdown would have been pretty unthinkable. Now his band's caught up in a wave that could crest at the Grammy Awards, and he's still trying to sort out why.

"People are used to things that are overproduced or slick or glossy, and this isn't any of that."

— WESLEY SCHULTZ, THE LUMINEERS

"When we play live and when we sometimes go out in the audience ... just playing your instruments without any help, without any amplification or tricks, that surprises people," Schultz says. "You'd think that most people would assume you could play your instruments and how it would sound. But they're caught off guard, I think. People are used to things that are overproduced or slick or glossy, and this isn't any of that."

Call it folk. Call it roots rock or



DAN HALLMAN/INVISION/AP

Americana. Almost anywhere you go these days, you can hear handclaps, acoustic guitars and the lone sound of the banjo.

Example: Mumford & Sons are now platinum-sellers who can draw 10,000 and, like the Lumineers, the Civil Wars and Alabama Shakes, are vying for Grammys on Feb. 10.

The Lumineers' self-titled album shot to No. 2 last week on the Billboard 200 — 10 months after its release — and "Ho Hey" has now surpassed 70 million global listens on Spotify. Incongruously, Schultz says, the track has been showing up as a first-dance song in weddings.

"And that's not where it came

Meet the Folks

The Lumineers isn't the only band making Americana palatable to radio audiences. Here's a guide to other acts shepherding the new wave of folksy roots rock:

Mumford & Sons

Sounds Like: An inoffensive Dave Matthews Band with banjos, mandolins and accordions.

Single: "I Will Wait," the only song with a banjo capable of getting 10,000 people to jump up and down in synchronicity (at least, for the accompanying music video).

Of Monsters and Men

Sounds Like: Arcade Fire, but not Arcade Fire. In other words: confusing.

Single: "Little Talks," a charming duet that, like the Lumineers' "Ho Hey," prominently features Of Monsters and Men's members emphatically shouting, "Hey!"

Phillip Phillips

Sounds Like: What happens when an "American Idol" winner, below, discovers Mumford & Sons.

Single: "Home," the song of the 2012 Olympics. Once you hear it, you'll wish you hadn't, because it never leaves your ears. (EXPRESS)



CHRIS TALBOTT (AP)



Connect with Shauna on Twitter:
@shaunajmiller.



The Super Bowl's Real Winner: Beyoncé may have had the best ad at the Super Bowl. The singer has announced "The Mrs. Carter Show World Tour," which will stop in Washington on July 29 at Verizon Center. Tickets go on sale via Ticketmaster at 10 a.m. Feb. 11. In related news, NFL Commissioner Roger Goodell said Monday that Beyoncé's halftime show was "absolutely not" the cause of the Super Bowl power outage. (AP)

entertainment **lookout**

SUSAN BIDDLE



1 Hands in the Air

Alvin Ailey American Dance Theater has come a long way — the first performance by what's now the nation's premier black dance troupe was at New York's 92nd Street Y. The dressing rooms are a lot nicer at the Kennedy Center, where the company will be performing both new works and beloved classics, including "Revelations." **Kennedy Center, 2700 F St. NW; through Sun., \$30-\$120; 202-467-4600; Kennedy-center.org.** (Foggy Bottom)

2 A New Kind Of New Mutiny

"Shakespeare's R&J" takes the most famous story of forbidden love and makes it forbidden again. The play revolves around four young men who find a copy of "Romeo and Juliet," banned in their school, and read it to one another in secret. Complications (and coming of age) predictably ensue. **Signature Theatre, 4200 Campbell Ave., Arlington; through March 3, \$29-\$75; 703-820-9771, Signature-theatre.org.**

3 Flapjack Joy

Forget Christmas. IT'S FREE PANCAKE DAY. This most glorious of breakfast-based holidays (which doesn't involve a mysterious present-bearing man named Flap Jack, though we wish it did) comes but once a year on the day IHOP offers every guest a free short stack of buttermilk pancakes as a way to raise money for Children's Miracle Network and other charities. **Various locations; Tue., free; ihoppancakeday.com.**

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lookout TV tonight

Another Shot at a 'Smash' Hit

The TV drama about Broadway rewrites its script in season 2

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On with the show!

"Smash" is back for a second season of sassy, sexy Broadway derring-do, both on stage and behind the scenes.

Last season, the series dramatized the blossoming of "Bombshell," a new musical about Marilyn Monroe, from its initial inspiration through the casting battle for the Marilyn role (between co-stars Katharine McPhee and Megan



Katharine McPhee, left, and Megan Hilty, right, duet in the new season of "Smash."

Hilty). Original songs and dance numbers emerged, then it was on to its preview engagement in Boston.

As the action resumes —with a

two-hour premiere — "Bombshell" is headed for the Great White Way. Or is it? And does it even matter?

This season, "Smash's" scope

extends beyond just "Bombshell."

"It will be about an entire group of theaters with shows and different actors and different composers and directors," says Joshua Saffran, the new "Smash" showrunner who's ushered in a bevy of changes. "But [it's within] a tight-knit community that allows us to have stories that touch upon one another."

Last year, "Smash" had a teeth-grinding effect on some viewers who found it clichéd, preposterous or, worst of all, one-note. And now, even after its rejiggering, it may still invite their snark. But other members of the audience will surely find it a singing, smashing success.

FRANZ MOORE (AP)

'Bombshell' Debut

Academy Award winner Jennifer Hudson, below, begins a multi-episode arc on "Smash" in the season 2 premiere. The "American Idol" alum plays Broadway star Veronica "Ronnie" Moore, who will become a mentor to Katharine McPhee's Karen Cartwright. In tonight's episode, Hudson and McPhee sing a duet of the timeless song "On Broadway." (EXPRESS)



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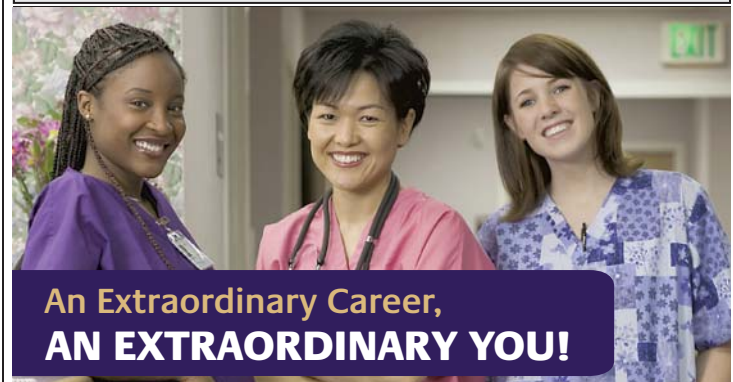
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ASHBURN, VA- Fully furn MBR w/pvt Ba. 1 person, Female preferred. All utis incl. Kitch. & laundry priv. N/S. Sec. dep reqd. \$650/mo. 571-528-1417

BROOKLAND - Large room for rent, \$480/month. Close to subway. Call 202-529-3512

COLLEGE PARK, MD- Large room in SFH Female pref, \$550/mo plus utilities & security deposit. Available immediately. Call 301-448-9640

DEANWOOD - Large furn rm for 1 person, share BA & kitchen. Nr Metro & bus stop. \$200/week. 202-421-8076. N/S. No security deposit.

FORT BELVOIR/ WOODBRIDGE- Responsible person to share 3BR house. \$615. Call 703-919-4381

GREENBELT- \$580/mo, Furn room, all utis/ cable incl, quiet, clean, Call 301-474-6922

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LANHAM- 1 room for \$600. Share house, Male pref. Walk to Metro. Utilities Included. Call 240-640-0867

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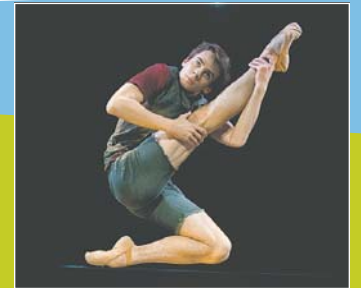
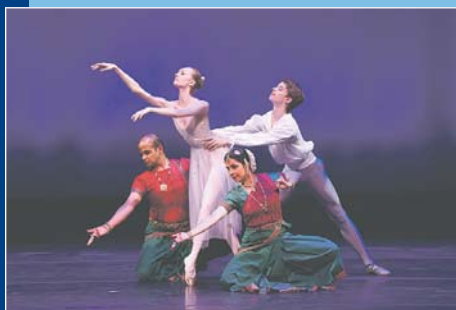


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Blog Log



“Forget the ‘black day for European Football’ comments. Fixing and corruption [have] been going on in football for a long time. ... Finally, there are serious, good police investigators taking a long, hard and critical look at the dark centre of the sport.”

— **DECLAN HILL AT HOWTOFIXA SOCCERGAME.COM** explains why it is a good thing that the European Union’s police agency found 380 suspicious soccer matches in Europe and 300 questionable games outside the continent.

“Rosa Parks was a great heroine who deserves our honor. But let’s not consign her to the museum. Her heroism still speaks and points to some old, old truths that are needed in a new century.”

— **RUSSELLMOORE.COM** comments Monday on what would have been the 100th birthday of Parks, the civil rights icon made famous by her unwillingness to sit in the back of a bus in Montgomery, Ala., in 1955.

“Harvard, in classic Washington-corporate America fashion, disclosed the news on the Friday of Super Bowl weekend, so that it would receive the least exposure possible. Come on, guys – you’re better than that. Or you should be.”

— **RICHARDBRADLEY.NET** reacts to news that the prestigious university issued academic sanctions against approximately 60 students, who were forced to withdraw from school for a period of time because of a cheating scandal.

“Yeah! We’re not entirely sure what 2 Chainz is doing there, either! But hey! Can’t complain, can we?! The song ROCKS!”

— **PEREZHILTON.COM** is rather excited about the return of Fall Out Boy, whose new video for “My Songs Know What You Did in the Dark (Light Em Up)” stars 2 Chainz.

“OK he won’t be gone till June, but I’m over the moon anyway. ... I don’t care why. Looking forward to a new CFO who may be less tolerant of corruption, shopping-spree embezzling employees, and screwing with the tax rolls.”

— **MARI AT BLOG.INSHAW.COM** celebrates after D.C. Chief Financial Officer Natwar Gandhi announced last week that he will be resigning from his position with the city this summer.

WARNING: Alcohol Ruins Lives

DO YOU HAVE ALCOHOL AND ANXIETY PROBLEMS?

You may be eligible for a research study testing whether an investigational drug compared to a placebo can help reduce your cravings for alcohol.

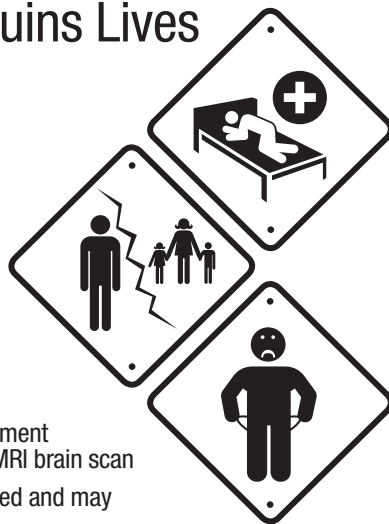
You may be eligible for the study if you:

- Are 21–65 years of age
- Use alcohol on a regular basis
- Often feel anxious
- Have tried to stop drinking alcohol but can’t

Participants will:

- Stay at the Clinical Center in Bethesda, Maryland, for about five weeks
- Undergo detoxification (if needed) and receive alcohol treatment
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There is no cost to participate. Participants will be compensated and may receive travel assistance.



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HOROSCOPE

AQUARIUS (Jan. 20-Feb. 18) A friend or loved one comes to you with a plan. You know what is best, but you may have trouble speaking your mind plainly.

PISCES (Feb. 19-March 20) A look back at something you did quite a while ago may have you wishing you were still on that path. Don't dwell on the past!

ARIES (March 21-April 19) You may find yourself in charge of quality control; make sure you know what's expected before you make any significant changes.

TAURUS (April 20-May 20) You're about to do something that others are not likely to understand, but you can communicate your motives eventually.

GEMINI (May 21-June 20) Something may be coming to an end that you will be sorry to see go — but you know that there is something even more rewarding around the corner.

CANCER (June 21-July 22) That which seems to be only routine may surprise you — but not right away. You'll have to be willing to stick with it a while.

LEO (July 23-Aug. 22) You may have trouble with accuracy today, especially when you try to work more quickly than usual. You can't afford any big mistakes.

VIRGO (Aug. 23-Sept. 22) The extraordinary may be well within reach, but you aren't really ready to make the kind of commitment that it requires.

LIBRA (Sept. 23-Oct. 22) You can get a great deal out of an unusual situation today — provided you are willing to do a little something extra for a stranger.

SCORPIO (Oct. 23-Nov. 21) Someone you respect will have a few words of wisdom to offer you today, and you'll surely want to listen — and interpret carefully.

SAGITTARIUS (Nov. 22-Dec. 21) You may have trouble getting started, but once you do, you'll see that you have more freedom than expected.

CAPRICORN (Dec. 22-Jan. 19) The objections you have to someone else's ideas may be difficult to enumerate, but you'll have to explain yourself!

Scrabble Grams

PAR SCORE 195-205, BEST SCORE 256

A ₁	R ₁	I ₁	N ₁	R ₁	O ₁	C ₃
U ₁	R ₁	E ₁	A ₁	L ₁	D ₂	B ₃
U ₁	O ₁	T ₁	O ₁	C ₃	N ₁	C ₃
E ₁	R ₁	A ₁	E ₁	D ₂	F ₄	P ₃

--

RACK 1

--

RACK 2

--

RACK 3

--

RACK 4

2nd Letter Triple

Double Word Score

Yesterday's Solution

S ₁	Y ₄	S ₁	T ₁	E ₁	M ₃		RACK 1 =	13
T ₁	I ₁	T ₁	A ₁	N ₁	I ₁	C ₃	RACK 2 =	59
B ₃	E ₁	S ₁	I ₁	E ₁	G ₂	E ₁	RACK 3 =	70
H ₄	O ₁	M ₃	E ₁	B ₃	O ₁	Y ₄	RACK 4 =	67
PAR SCORE 140-150								TOTAL 209

FOUR RACK TOTAL

Make a 2-7-letter word from the letters in each row. Add points of each word using scoring directions at right. Seven-letter words get a 50-point bonus. Blank tiles used as any letter have no point value. Scrabble is a trademark of Hasbro in the U.S. and Canada.

Sudoku

MEDIUM

	8	6	7		9			
4		9	1	2		7		
	1			4	5		2	8
		4			6	1		2
		1	2	5	3	8		
8		2	4			3		
6	4		8	1			3	
		8		6	2	4		5
			5		4	6	8	

Yesterday's Solution

3	9	1	7	5	8	4	2	6
2	7	6	9	1	4	3	8	5
8	4	5	2	3	6	1	7	9
9	6	7	5	8	3	2	4	1
1	3	2	6	4	9	8	5	7
5	8	4	1	7	2	9	6	3
7	5	8	4	9	1	6	3	2
6	1	3	8	2	7	5	9	4
4	2	9	3	6	5	7	1	8

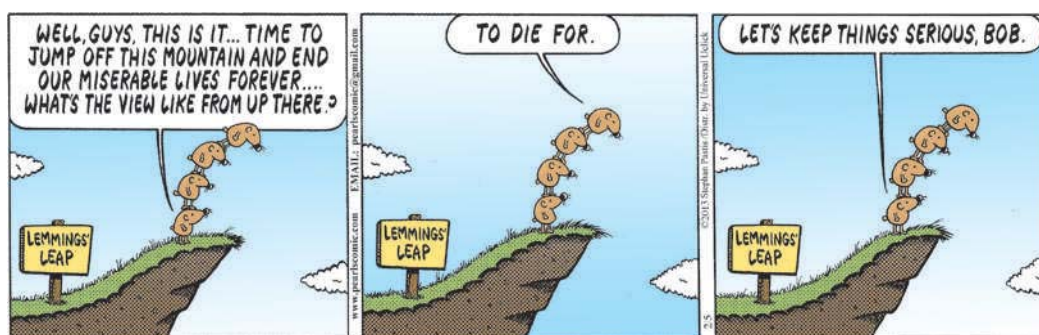
Need more Sudoku? Find another puzzle in the Comics section of The Post every Sunday and in the Style section Monday through Saturday.

Comics

POOCH CAFE | PAUL GILLIGAN



PEARLS BEFORE SWINE | STEPHAN PASTIS



Forecast

44 **33**

Today: Mostly cloudy today. Mostly cloudy tonight with a stray flurry late.

47 **31**

Tomorrow: Intervals of clouds and sun tomorrow. Mainly clear tomorrow night.

Looking Ahead

THU	FRI	SAT
45	36	50
32	45	32

Sun and Moon

Sunrise today: 7:11 a.m.
Sunset today: 5:34 p.m.
Moonrise today: 2:49 a.m.
Moonset today: 12:51 p.m.

Almanac

Normal high: 45
Record high: 70
Normal low: 29
Record low: 2

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THURSDAY FEB 7

SISTER SPARROW
and the
DIRTY BIRDS
FRIDAY FEB 8

SUNDAY, FEB 10
VUSI MAHLASELA W/ TOSIN

THURSDAY, FEB 14
CODY CHESNUTT

FRIDAY, FEB 15
SOL DRIVEN TRAIN
W/ THE SHACK BAND

SATURDAY, FEB 16
JOE PUG

SUNDAY, FEB 17
THE BAYOU PRESENTS
"LAST CALL"

FRIDAY, FEB 22
HANNIBAL BURESS
A NIGHT OF STAND UP COMEDY

SATURDAY, FEB 23
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— Christopher Scott, Owner, PC Retro Inc.

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express

XX608 1x10.5

lookout puzzles

Crossword

NEIGH SAYERS

- ACROSS**
- 1 Causing no problems for coppers
 - 6 Macaroni resembles
 - 11 Pictured
 - 14 Shorelines do it
 - 15 Brownish gray
 - 16 TV Tarzan Ron
 - 17 Legendary Greek ruse
 - 19 Spy org.
 - 20 Anxious
 - 21 Gold purity unit
 - 23 It moves tape through a machine
 - 26 First among progeny
 - 27 Keynote speaker, e.g.
 - 28 Pull from the ground
 - 30 Organic necklaces
 - 31 Carpet cleaner's target
 - 32 A quick study
 - 35 Rural hotel
 - 36 Diminishing
 - 38 Have a stroke?
 - 39 Curiosity victim
 - 40 Lugged, as a large shopping bag
 - 41 Like some circumstances
 - 42 Runaway bride, say
 - 44 Make something
 - 46 Accessories
 - 48 1776 battle site
 - 49 Greek penny
 - 50 "Little Red Book" follower
 - 52 Area 51 craft
 - 53 Classic horse tale
 - 58 Word with "marked" or "masked"
 - 59 Shop tool
 - 60 Amid the waves
 - 61 Chester White's home
 - 62 Swords used in the Olympics
 - 63 Conduct the class
- DOWN**
- 1 Rent
 - 2 Commit a faux pas
 - 3 Baby's first, second word?
 - 4 Fiddles with
 - 5 Shanty
 - 6 Allen of the Green Mountain Boys
 - 7 Country next to Vietnam
 - 8 Repress in memory
 - 9 Goddess of abundance and fertility
 - 10 Seven-day
 - 11 '73 Triple Crown winner
 - 12 Word on wanted poster
 - 13 First name in Tombstone lore
 - 18 In shouting distance
 - 22 Hullabaloo
 - 23 Acute infant condition
 - 24 Trade-show site
 - 25 Equine in a Blood, Sweat and Tears song
 - 26 "___ go braght!"
 - 28 "That's ___ nonsense!"
 - 29 Rendered, as a compliment
 - 31 Fill beyond full
 - 33 ___-Novo (African capital)
 - 34 Adolescent, almost
 - 36 Expiable
 - 37 Conks on the head
 - 41 Having toothlike projections
 - 43 Universal workplace
 - 44 First bed
 - 45 Do an ushering chore
 - 46 Reunion attendees
 - 47 Make lean, in a way
 - 48 Pulls from a pipe
 - 50 Aussie's friend
 - 51 Lumbago, e.g.
 - 54 PC perch, perhaps
 - 55 "God Bless the ___" (Greenwood hit)
 - 56 Gumshoe, briefly
 - 57 "Boo," in a triumphant shout

1	2	3	4	5		6	7	8	9	10		11	12	13
14						15						16		
17						18						19		
				20						21	22			
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EDITED BY TIMOTHY E. PARKER

Yesterday's Solution

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S	S				W	E	B	E	R		T	A	R	T	Y	

TODAY IN HISTORY

1953 Walt Disney's animated feature "Peter Pan" is released.

1971 Apollo 14 astronauts Alan Shepard and Edgar Mitchell step onto the surface of the moon.

2003 Secretary of State Colin Powell urges the U.N. Security Council to move against Saddam Hussein, saying Iraq has failed to disarm, is harboring terrorists and is hiding behind a "web of lies."

express 

Published by Express Publications LLC
1150 15th St. NW, Washington, DC 20071
A Subsidiary of The Washington Post Co.

Editorial: 202-334-6800
Fax: 202-334-9777
Circulation: 202-334-6992
Advertising: 202-334-6732
or ads@readexpress.com
Classifieds: 202-334-6200

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people **lookout****DATING****SWF With Emotional Scars Seeks SM Expert in PTSD**

Katie Holmes is ready to date again, though she has some reservations, an unnamed source told Radaronline.com. "She's worried that if she commits herself fully to another man, she will have to give up the freedom she's enjoying so much at the moment. As a single woman, she has no one controlling her," the source said. But, "she ... doesn't want to be alone for the rest of her life." (EXPRESS)

FLAWED ASSUMPTIONS**Candy's Healthy if You Play Basketball After Eating It**

Mariah Carey and Nick Cannon's twins, Moroccan and Monroe, are "extremely disciplined," Carey told People.com. Except with regard to sweets: "We have a candy store inside of our L.A. house, and the basketball court is beneath it. My son tricks me. He'll say 'basketball,' and then every time, when we walk to the court, he runs straight to the candy." (EXPRESS)



The twins are growing up so fast! And neither look much like Nick or Mariah.

Victims**Maybe She Will Accept Payment in 'Liz & Dick' DVDs**

Lindsay Lohan owes her former attorney, Shawn Holley, around \$150,000, unnamed sources told TMZ.com. Also according to TMZ: Lohan had no idea she owed so much and plans to cut back on spending in order to pay Holley's fees. Lohan fired Holley in January and hired an attorney named Mark Heller. (EXPRESS)



Justin could barely raise his knee. Leather chafes like a mother, he realized.

ENTOURAGE DUTIES**'It's Cheaper on Amazon, Biebs — Hey, No Photos!'**

Police are investigating an incident in which a man in Justin Bieber's entourage allegedly threatened a fan who took a photo of Bieber on Sunday in a Best Buy, TMZ.com reported. The entourage member told the fan, an adult man, to delete the photo, which he did. The fan called police. When officers arrived, Bieber's group had left. (EXPRESS)

**MOMS****A (Relatively) Small Price To Pay for Free Baby-Sitting**

Adele has given her mother, Penny Adkins, a roughly \$950,000 apartment in London, the U.K.'s Sunday Mirror reported. Public records show that Adele transferred ownership of her Notting Hill flat to her mom. Adele's total property portfolio is worth at least \$15.7 million, according to the Mirror. (EXPRESS)

"Every photo, everything you saw from that event, I was riding shotgun. I said, 'Whatever you want, honey.'"



— JUSTIN TIMBERLAKE TOLD RYAN SEACREST ON MONDAY MORNING THAT JESSICA BIEL MADE ALL THE DECISIONS ABOUT THEIR WEDDING.

A \$400 tablet makes a lousy umbrella.

Reason # 16

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